

2.6. To define the usual Cantor set  $C \subset \mathbf{R}^1$ , let  $C_1 = [0, 1]$ ; construct  $C_{j+1}$  by removing the open middle third of each interval of  $C_j$  and put

$$C = \bigcap \{C_j; j \in \mathbf{Z}^+\}.$$

Let  $m = \frac{\ln 2}{\ln 3}$ .

(a) Prove that  $\mathcal{H}^m(C) \leq \frac{\alpha_m}{2^m}$ , and hence,  $\dim C \leq m$ .

(b) Try to prove that  $\mathcal{H}^m(C) = \frac{\alpha_m}{2^m}$  or at least that  $\mathcal{H}^m(C) > 0$  and hence that the Hausdorff dimension of  $C$  is  $m$ .

2.7. Give a function  $f: \mathbf{R}^2 \rightarrow \mathbf{R}$  which is approximately continuous at  $\mathbf{0}$ , but for which  $\mathbf{0}$  is not a Lebesgue point.

2.8. Prove that if  $f: \mathbf{R}^m \rightarrow \mathbf{R}$  has  $\mathbf{0}$  as a Lebesgue point, then  $f$  is approximately continuous at  $\mathbf{0}$ .

2.9. Deduce Corollary 2.10 from Corollary 2.9.

*Hint:* Let  $\{q_i\}$  be a countable dense subset of  $\mathbf{R}$ ,  $A_i = \{x: f(x) > q_i\}$ ,  $E_i = \{x: \Theta(A_i, x) = \chi_{A_i}\}$ , and show that  $f$  is approximately continuous at each point in  $\bigcap E_i$ .

Frank Morgan  
 "Geometric Measure Theory"  
 A Beginner's Guide

## CHAPTER 3

# Lipschitz Functions and Rectifiable Sets

This chapter introduces the  $m$ -dimensional surfaces of geometric measure theory, called rectifiable sets. These sets have folds, corners, and more general singularities. The relevant functions are not smooth functions as in differential geometry, but *Lipschitz* functions.

**3.1. Lipschitz Functions.** A function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  is *Lipschitz* if there is a constant  $C$  such that

$$|f(x) - f(y)| \leq C|x - y|.$$

The least such constant is called the *Lipschitz constant* and denoted by  $\text{Lip } f$ .

Figure 3.1.1 gives the graphs of two typical Lipschitz functions.

Theorems 3.2 and 3.3 show that a Lipschitz function comes very close to being differentiable.

**3.2. Rademacher's Theorem [GMT 3.1.6].** A Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  is differentiable almost everywhere.

The *Proof* has five steps:

- (1) A monotonic function  $f: \mathbf{R} \rightarrow \mathbf{R}$  is differentiable almost everywhere.
- (2) Every function  $f: \mathbf{R} \rightarrow \mathbf{R}$  which is locally of bounded variation (and hence every Lipschitz function) is differentiable almost everywhere.

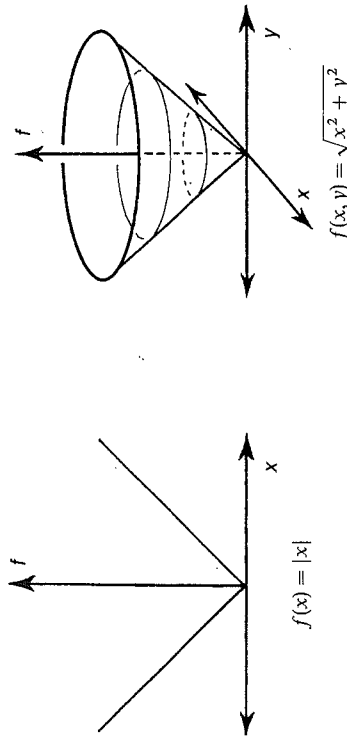


Figure 3.1.1. Examples of Lipschitz functions.

- (3) A Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  has partial derivatives almost everywhere.
- (4) A Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  is approximately differentiable almost everywhere.
- (5) A Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  is differentiable almost everywhere.

Step (1) is a standard result of real analysis, proved by differentiation of measures. Step (2) follows by decomposing a function of bounded variation as the difference of two monotonic functions. Step (3) follows immediately from Step (2). The deduction of (4) from (3) relies on a technical measure-theoretic argument which I do not find sufficiently edifying to include here. If (3) holds everywhere, it does not follow that (4) holds everywhere.

The final conclusion (5) rests on the interesting fact that if a Lipschitz function is approximately differentiable at  $a$ , it is differentiable at  $a$ . We conclude this discussion with a proof of that fact.

Suppose that the Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  is approximately differentiable at  $a$  but not differentiable at  $a$ . We may assume  $a = \mathbf{0}$  and  $\text{ap} Df(\mathbf{0}) = \mathbf{0}$ .

For some  $0 < \varepsilon < 1$ , there is a sequence of points  $a_i \rightarrow \mathbf{0}$  such that

$$|f(a_i)| \geq \varepsilon|a_i|.$$

Let  $C = \max\{\text{Lip } f, 1\}$ . Then for  $x$  in the closed ball  $\mathbf{B}(a_i, \varepsilon|a_i|/3C)$ ,

$$|f(x)| \geq \varepsilon|a_i| - \varepsilon|a_i|/3 \geq \varepsilon|x|/3.$$

Thus for  $x \in E = \bigcup_{i=1}^{\infty} \mathbf{B}(a_i, \varepsilon|a_i|/3C)$ ,

$$|f(x)| \geq \varepsilon|x|/3.$$

But  $E$  does not have density 0 at  $\mathbf{0}$ , because

$$\frac{\mathcal{L}^n \mathbf{B}(a_i, \varepsilon|a_i|/3C)}{\alpha_n(|a_i| + \varepsilon|a_i|/3C)^n} \geq \frac{(\varepsilon|a_i|/3C)^n}{(2|a_i|)^n} = \frac{\varepsilon^n}{6^n C^n} > 0.$$

This contradiction of the approximate differentiability of  $f$  at  $\mathbf{0}$  completes the proof.

**3.3. Approximation of a Lipschitz Function by a  $C^1$  Function [GMT 3.1.15].**

Suppose  $A \subset \mathbf{R}^m$ , and  $f: A \rightarrow \mathbf{R}^n$  is Lipschitz. Given  $\varepsilon > 0$  there is a  $C^1$  function  $g: \mathbf{R}^m \rightarrow \mathbf{R}^n$  such that  $\mathcal{L}^m\{x \in A: f(x) \neq g(x)\} \leq \varepsilon$ .

Note that the approximation is in the strongest sense: the functions coincide except on a set of measure  $\varepsilon$ . The proof of 3.3 depends on Whitney's Extension Theorem, which gives the coherence conditions on prescribed values for a desired  $C^1$  function.

**3.4. Lemma (Whitney's Extension Theorem) [GMT 3.1.14].** Let  $A$  be a closed set of points in  $\mathbf{R}^m$  at which the values and derivatives of a desired  $C^1$  function are prescribed by linear polynomials  $P_a: \mathbf{R}^m \rightarrow \mathbf{R}$ . For each compact subset  $C$  of  $A$  and  $\delta > 0$ , let  $\rho(C, \delta)$  be the supremum of the numbers  $|P_a(b) - P_b(b)|/|a - b|, \|DP_a(b) - DP_b(b)\|$ , over all  $a, b \in C$  with  $0 < |a - b| \leq \delta$ . If the prescribed data satisfy the coherence condition that  $\lim_{\delta \rightarrow 0} \rho(C, \delta) = 0$  for each compact subset  $C$  of  $A$ , then there exists a  $C^1$  function  $g$  satisfying

$$g(a) = P_a(a), Dg(a) = DP_a(a)$$

for all  $a \in A$ .

**Remarks.** A more general version of Whitney's Extension Theorem gives the analogous conditions to obtain a  $C^k$  function with values and derivatives prescribed by polynomials  $P_a$  of degree  $k$ . In the proof, the value  $g(x)$  assigned at a point  $x \notin A$  is a smoothly weighted average of the values prescribed at nearby points of  $A$ . The averaging uses a partition of unity subordinate to a cover of  $A^c$  which becomes finer and finer as one approaches  $A$ .

**Sketch of proof of 3.3.** First extend  $f$  to a Lipschitz function on all of  $\mathbf{R}^m$  (see [GMT 2.10.43]). Second, by Rademacher's Theorem 3.2,  $f$  is differentiable almost everywhere. Third, by Lusin's Theorem [GMT 2.3.5], there is a closed subset  $E$  of  $A$  such that  $Df$  is continuous on  $E$  and  $\mathcal{L}^m(A - E) < \varepsilon$ . Fourth, for any  $a \in E$ ,  $\delta > 0$ , define

$$\eta_\delta(a) = \sup_{\substack{0 < |x-a| < \delta \\ x \in C}} \frac{|f(x) - f(a) - Df(a)(x-a)|}{|x-a|}$$

Since as  $\delta \rightarrow 0$ ,  $\eta_\delta \rightarrow 0$  pointwise, then by Egoroff's Theorem [GMT 2.3.7] there is a closed subset  $F$  of  $E$  such that  $\mathcal{L}^m(A - F) < \varepsilon$  and  $\eta_\delta \rightarrow 0$  uniformly on compact subsets of  $F$ . This condition implies the hypotheses of Whitney's Extension Theorem 3.4, with  $P_a(x) = f(a) + Df(a)(x)$ . Consequently there is a  $C^1$  function  $g: \mathbf{R}^m \rightarrow \mathbf{R}^n$  which coincides with  $f$  on  $F$ .

The following theorem implies for example that Lipschitz images of sets of Hausdorff measure 0 have measure 0.

**3.5. Proposition [GMT 2.10.11].** Suppose  $f: \mathbf{R}^l \rightarrow \mathbf{R}^n$  is Lipschitz and  $A$  is a Borel subset of  $\mathbf{R}^l$ . Then

$$\int N(f|A, y) d\mathcal{H}^m y \leq (\text{Lip } f)^m \mathcal{H}^m(A).$$

Here  $N(f|A, y) \equiv \text{card}\{x \in A: f(x) = y\}$ .

**Proof.** Any covering of  $A$  by sets  $S_i$  of diameter  $d_i$  yields a covering of  $f(A)$  by the sets  $f(S_i)$  of diameter at most  $(\text{Lip } f)d_i$ . Since the approximating sum  $\sum \alpha_m(\text{diam}/2)^m$  for Hausdorff measure contains  $(\text{diam})^m$ ,

$$\mathcal{H}^m(f(A)) \leq (\text{Lip } f)^m \mathcal{H}^m(A).$$

Notice that this formula gives the proposition in the case that  $f$  is injective. In the general case, chop  $A$  up into little pieces  $A_i$  and add up the formulas for each piece to obtain

$$\int_{f(A)} (\text{the number of } A_i \text{ intersecting } f^{-1}\{y\}) d\mathcal{H}^m y \leq (\text{Lip } f)^m \mathcal{H}^m(A).$$

As the pieces subdivide, the integrand increases monotonically to the multiplicity function  $N(f|A, y)$ , and the proposition is proved.

The beginning of this proof illustrates the virtue of allowing coverings by arbitrary sets rather than just balls in the definition of Hausdorff measure. If  $\{S_i\}$  covers  $A$ , then  $\{f(S_i)\}$  is an admissible covering of  $f(A)$ .

**3.6. Jacobians.** Jacobians are the corrective factors relating the elements of areas of the domains and images of functions. If  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  is differentiable at  $a$ , we define the  $k$ -dimensional Jacobian of  $f$  at  $a$ ,  $J_k f(a)$ , as the maximum  $k$ -dimensional volume of the image under  $Df(a)$  of a unit  $k$ -dimensional cube.

If  $\text{rank } Df(a) < k$ ,  $J_k f(a) = 0$ . If  $\text{rank } Df(a) \leq k$ , as holds in most applications, then  $J_k f(a)^2$  equals the sum of the squares of the determinants of the  $k \times k$  submatrices of  $Df(a)$ . If  $k = m$  or  $n$ , then  $J_k f(a)^2$  equals the determinant of the  $k \times k$  product of  $Df(a)$  with its transpose. If  $k = m = n$ , then  $J_k f(a)$  is just the absolute value of the determinant of  $Df(a)$ . In general, computations are sometimes simplified by viewing  $Df(a)$  as a map from the orthogonal complement of its kernel onto its image.

If  $L: \mathbf{R}^m \rightarrow \mathbf{R}^m$  is linear, then  $\mathcal{L}^m(L(A)) = J_m L \cdot \mathcal{L}^m(A)$ .

**3.7. The Area Formula [GMT 3.2.3].** Consider a Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  for  $m \leq n$ .

(1) If  $A$  is an  $\mathcal{L}^m$  measurable set, then

$$\int_A J_m f(x) d\mathcal{L}^m x = \int_{\mathbf{R}^n} N(f|A, y) d\mathcal{H}^m y.$$

(2) If  $u$  is an  $\mathcal{L}^m$  integrable function, then

$$\int_{\mathbf{R}^n} u(x) J_m f(x) d\mathcal{L}^m x = \int_{\mathbf{R}^m} \sum_{x \in f^{-1}(y)} u(x) d\mathcal{H}^m y.$$

**Remark.** If  $f$  is a smooth embedding, then (1) equates the classical area of the parameterized surface  $f(A)$  with the Hausdorff measure of  $f(A)$ . Therefore for all smooth surfaces, the Hausdorff measure coincides with the classical area.

**Sketch of the Proof of the Area Formula 3.7(1).** We will split  $A$  up into two cases, according to the rank of  $Df$ . In either case, by Rademacher's Theorem 3.2 and 3.5, we may assume that  $f$  is differentiable.

CASE 1.  $Df$  has rank  $m$ . Let  $\{s_i\}$  be a countable dense set of affine maps of  $\mathbf{R}^m$  onto  $m$ -dimensional planes in  $\mathbf{R}^n$ . Let  $E_i$  be a piece of  $A$  such that for each  $a \in E_i$  the affine functions  $f(a) + Df(a)(x)$  and  $s_i(x)$  are approximately equal. It follows that

- (1)  $\det s_i \approx J_m f$  on  $E_i$ ,
- (2)  $f$  is injective on  $E_i$ , and
- (3) the associated map from  $s_i(E_i)$  to  $f(E_i)$  and its inverse both have Lipschitz constant  $\approx 1$ .

Since  $f$  is differentiable, the  $E_i$  cover  $A$ . Refine  $\{E_i\}$  into a countable disjoint covering of  $A$  by tiny pieces. On each piece  $E_i$ , by (3) and 3.5,

$$\begin{aligned} \mathcal{H}^m(f(E)) &\approx \mathcal{H}^m(s_i(E)) \\ &= \mathcal{L}^m(s_i(E)) \\ &= \int_E \det s_i d\mathcal{L}^m \\ &\approx \int_E J_m f d\mathcal{L}^m. \end{aligned}$$

Summing over all the sets  $E$  yields

$$\int (\text{number of sets } E \text{ intersecting } f^{-1}\{y\}) d\mathcal{H}^m y \approx \int_A J_m f d\mathcal{L}^m.$$

Taking a limit yields

$$\int N(f|A, y) d\mathcal{H}^m y = \int_A J_m f d\mathcal{L}^m,$$

and completes the proof of case 1.

We remark that it does not suffice in the proof just to cut  $A$  up into tiny pieces without using the  $s_i$ . Without the requirement that for  $a, b \in E$ ,  $Df(a) \approx Df(b)$ ,  $f$  need not even be injective on  $E$ , no matter how small  $E$  is.

CASE 2.  $Df$  has rank  $< m$ . In this case the left-hand side  $\int_A J_m f$  is zero.

Define a function

$$g: \mathbf{R}^{n_1} \rightarrow \mathbf{R}^{n_1+m}$$

$$x \rightarrow (f(x), ex).$$

Then  $J_m(g) \leq \varepsilon(\text{Lip } f + \varepsilon)^{m-1}$ . Now by Case 1,

$$\begin{aligned} \int_{g(A)} J_m g &\leq \int_A J_m g \\ &\leq \varepsilon(\text{Lip } f + \varepsilon)^{m-1} \mathcal{L}^m(A). \end{aligned}$$

Therefore the right-hand side also must vanish.

Finally we remark that 3.7(2) follows from 3.7(1) by approximating  $u$  by simple functions.

The following useful formula relates integrals of a function  $f$  over a set  $A$  to the areas of the level sets  $A \cap f^{-1}\{y\}$  of the function.

**3.8. The Coarea Formula [GMT 3.2.11].** Consider a Lipschitz function  $f: \mathbf{R}^m \rightarrow \mathbf{R}^n$  with  $m > n$ . If  $A$  is a  $\mathcal{L}^m$  measurable set, then

$$\int_A J_n f(x) d\mathcal{L}^m x = \int_{\mathbf{R}^n} \mathcal{H}^{m-n}(A \cap f^{-1}\{y\}) d\mathcal{L}^n y.$$

*Proof.*

CASE 1.  $f$  is orthogonal projection. If  $f$  is orthogonal projection, then  $J_n f = 1$ , and the coarea formula is reduced to Fubini's Theorem.

GENERAL CASE. We treat just the main case  $J_n f \neq 0$ . By subdividing  $A$  as in the proof of the area formula, we may assume that  $f$  is linear. Then  $f = L \circ P$ , where  $P$  denotes projection onto the  $n$ -dimensional orthogonal complement  $V$  of the kernel of  $f$  and  $L$  is a nonsingular linear map from  $V$  to  $\mathbf{R}^n$ . Now

$$\begin{aligned} \int_A J_n f d\mathcal{L}^m &= |\det L| \int_{P(A)} \mathcal{H}^{m-n}(P^{-1}\{y\}) d\mathcal{L}^n y \\ &= \int_{L \circ P(A)} \mathcal{H}^{m-n}((L \circ P)^{-1}\{y\}) d\mathcal{L}^n y \end{aligned}$$

as desired.